

Rutgers University Center for Government Services
in cooperation with the
Municipal Clerks Association of New Jersey
and the
International Institute of Municipal Clerks

Spring 2023 Athenian Dialogue

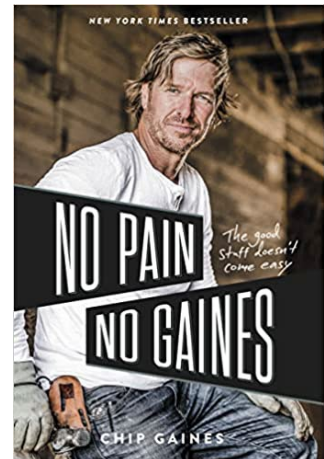
No Pain, No Gains: The Good Stuff Doesn't Come Easy By Chip Gaines

A New York Times bestseller! In a world that feels increasingly disconnected, it's time to reclaim a life of rich, authentic connection—because we are all made better when we trust one another and work together.

In his most vulnerable book to date, Chip Gaines opens up about his lifelong pursuit of building relationships with people from all walks of life. Chip emphasizes the importance of seeing people for who they are and not for what they can do for you, enabling you to build a strong community and a life of meaning, joy, and connection.

How does it happen? By being intentional about choosing the company you keep. Chip explains the value of seeking out people who are electrified by living according to their purpose, who will stand beside you as you tackle new challenges, and who bet on each other instead of the status quo. The key is being true to yourself, figuring out what you want to do with your life, and finding people who will lift you up along the way.

A good life doesn't always come easy, but that's because the good stuff never does. It requires faith in people. It requires faith in yourself. It requires hope. And it requires a willingness to grow even when it hurts. In *No Pain, No Gains*, through hard-won lessons and personal stories all told with his trademark blend of wit and wisdom.



All participants must purchase and read the book prior to the session.

MC-4046-SP23-1
Hard Rock Hotel & Conference Center
Monday, March 20, 2023
8:30am-4:00pm
Facilitator: Michele Bobrowski, MMC
Registration Fee: \$120
Onsite registration is not permitted
Lunch is on your own

Registration Information:

Registrations are processed on a first-come, first served basis. Attendees must submit registration form with method of payment to reserve a space. Seating is limited to 30 attendees. Early registration is encouraged to secure a seat. Registration closes on 3/14.

Continuing Education Credits:

3 CMC/MMC Points with completed assessment
RMC Prof. Dev. Credits

Withdrawal:

Participants who wish to cancel their registration may do so up to two business days prior to the event. Participants must submit their notice of withdrawal in writing to the Center for Government Services in order to receive a refund of the registration fee less a \$25 processing charge.

ONLINE REGISTRATION AVAILABLE AT CGS.RUTGERS.EDU

RUTGERS CENTER FOR GOVERNMENT SERVICES

Rutgers Lifelong Learning Center
3 Rutgers Plaza, 3rd Floor
New Brunswick, NJ 08901-8559

Make checks payable to Rutgers, Center for Government Services.

GENERAL INFORMATION

If home or employer information has changed since your last registration, check here.

Last Name _____

First Name _____ Middle Initial _____

Gender Female Male

Employer _____

Title _____

Business Address

Street _____

City _____

State _____ ZIP _____

Home Address

Street _____

City _____

State _____ ZIP _____

Phone Numbers (required – check box for preferred)

Mobile _____ Home _____

Business _____ Ext. _____

E-mail Addresses (required for CONFIRMATION email)

Business _____

Personal _____

COURSE INFORMATION

I wish to register for:

Title _____

Code _____ Fee _____

Location _____

Title _____

Code _____ Fee _____

Location _____

Title _____

Code _____ Fee _____

Location _____

Title _____

Code _____ Fee _____

Location _____

Prerequisite(s) (if applicable) _____

Completion Date _____ Location _____

By submitting this registration form, I acknowledge that I have read and agree to the Online Course Expectations for Students (accessible at cgs.rutgers.edu/registration-information).

PAYMENT INFORMATION

To register with a PO complete the Registration Form and email along with a copy of the PO to cgs@docs.rutgers.edu. To register using a credit card or e-check visit cgs.rutgers.edu

In accordance with University policies, credit card information is no longer accepted on registration forms. Students paying course fees with a credit card must register on-line at: <http://cgs.rutgers.edu>. Click on the red "Register Now" button.

There is a \$25 fee for course withdrawals and/or returned checks.